

## SAFE SNACK LIST

*To ensure that Orchard Learning Academy has a safe environment for all, we request that all snacks and/or lunches be "nut-free". To help you decide what snacks are safe to bring to school, consult the list below for suggestions.*

NO PEANUTS, NO NUTS, NO EGGS

Only Bring Bottled Water to Drink

Fresh, canned, frozen and dried fruit

Vegetable Sticks

SUNRYPE Fruit to Go. Fruit to Go Energy Bars. Fruit & Veggie bars

Yogurt cups and tubes

Cheese

Sandwich meats, ham, bologna, wieners, garlic sausage

Pickles

QUAKER Mini rice chips and rice cakes

KRAFT JELL-O Delicious Duos pudding snacks

MAGIC MOMENTS Old Fashioned Rice Pudding and Tapioca

CHRISTIES CRACKERS - Triscuits, Wheat Thins, Sociables, Swiss Cheese

RITZ - regular and cheese only (NO sandwich variety, NO Ritz Bits. NO Snack Mix)

Crispers - All Dressed and Ranch, Toppables, Premium Plus crackers & whole wheat,

SNACKWELL Potato Thins - Sour Cream and Onion, All Dressed and BBQ

Honey Graham Wafers, Teddy Grahams (Chocolate and honey)

Bamum's Animal Crackers, Dinobites, Arrowroot cookies, Fig Newton's, Oreo regular, double stuff and chocolate creme (NO Mini Oreos), Fudgee-0 and double stuff,

Snackwells Creme Sandwich white

SUPERSTORE Yellow Box NN Animal Crackers, Ritz style crackers, low fat pretzels

Air popped popcorn

Cereals - QUAKER Life, Corn Bran, Oat Squares, Oat Bran, Puffed Rice, Puffed

Wheat, Cap'n Crunch, Quaker Spuds

KELLOGG'S Mini Wheat's Original, Honey & Brown Sugar varieties, Apple Jacks.

Corn Pops, Froot Loops, Crispex

POST Alphabits. Marshmallow Alphabits, Honeycombs, Shreddies regular

GENERAL MILLS Cinnamon Toast Crunch, Lucky Charms, Golden Grahams

KELLOGG'S Nutrigrain bars, Bakes Muesli bars, Poptarts, Poptart Stix, Poptart Danish

JELL-O refrigerated pudding cups and cheesecake cups

BETTY CROCKER fruit roll-ups, Fruit by the Foot, Fruit Snacks, Fruit Gushers

HAWKINS Cheezies

NESTLE Chocolate Bars - Aero. Mirage, Kit Kat. Coffee Crisp. Smarties (NO M & M's)

TREBOR ALLAN Candy Berries, Fuzzy Peach. Gummies, Cherry Blasters,

Sourpatch Kids

LAYS chips

SUN chips

Jolly Rancher and Mr. Freeze freezies

Avoid all products containing peanuts, nuts, nut or coconut oil and displaying a peanut, nut warning. Also, NO Goodlife products, NO bulk food bin items or bakery items- cross contamination reasons. No lotions containing nut extracts or oils. Please check ingredient labels every time on every package. **INGREDIENTS CAN CHANGE!**

